



Sparkle like a diamond

WYNBERG GIRLS' JUNIOR SCHOOL



NEWSLETTER



NEWSLETTER # 2

24 JANUARY 2012

Dear Parents

It has been wonderful to see and feel the enthusiasm at the start of a new year. The girls and staff are all excited about the challenge of "sparkling like diamonds". One grade R was extremely disappointed at the end of her first day of school as she had not yet learnt to read and write.

In order to improve communication and so provide holistic education, we have scheduled grade evenings this term for each grade to meet from 18h30 to approximately 19h30. Various topics will be covered ranging from learning techniques to teaching methods and how parents can assist their daughters. Grade R and 1 evenings will be for parents only, while all other grades will be a combined evening of parents and daughters.

Well done to our girls who have all greeted politely and welcomed visitors to the school with "Good morning", and "Good afternoon". Our next focus is RANDOM ACTS OF KINDNESS.

GRADE R,1 AND 2 PICNIC

Families of these grades are invited to pack a picnic, picnic blanket and join us for a family picnic on the field on Friday 28 January from 18h00—20h00. We trust this will be a time to get to know other parents and for the girls to enjoy some playtime.

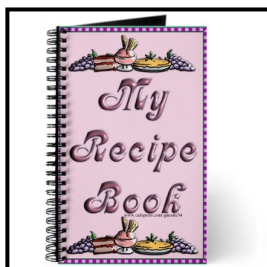
FUNDRAISING FOR TERM 1

14 February will be a Civvies and Hotdog Day. The cost will be R5.00 for civvies, and R10 if your daughter would like to order a Hotdog. Swimafun – all girls received a donation form on Friday together with a letter explaining the event. All queries can be directed to Mrs Melle wenwal@wgjs.co.za

RECIPE BOOK

If you missed the order date for the Recipe Book, we still have a few available for R80.00.

Should you wish to order please send money in a clearly marked envelope to the Finance Office.



Friday 20th January was an extremely fun and colourful day at WGJS. The reason? It was 'House Day!' All the girls and staff were wearing red, blue, yellow and green, depending on their House.



After assembly, where the teachers and staff danced on the stage to Hawaiian music, the Grade 1 to 7 pupils met at various venues according to their Houses.

The Grade 7 cheerleaders taught the new children the various chants.



TUCKSHOP

A word from the Heart and Stroke Foundation, "... plan and pack a healthy lunch box, since our bodies need to be energised throughout the day to keep us going. Most times children bring their lunch home from school untouched and over-indulge in unhealthy snacks at home. To avoid this, let them be part of choosing what they would like for lunch. This can also be decided the night before.

Make sure the lunch box is balanced, by including all the food groups; whole wheat starches, fruits and vegetables, lean proteins and low fat dairy products. Make sure there are options in each group so that the child feels more involved and able to choose.



Some examples for each food group:

Whole wheat starches: whole wheat bread rolls/pita/pasta, provita and brown rice

Variety of fruit and vegetables

Proteins include meat, chicken, fish, eggs, soya, lentils, legumes and peanut butter

Dairy products include low fat milk drinks, low fat yoghurt and cheese

As long as you have something from each food group you can't go wrong. So be inspired!"

Our new and improved heart friendly pre-order programme has started and we are pleased to announce the new menu has proven to be very popular.

If you were unable to submit your pre-orders by the due date, you may still purchase lunch on a daily basis. Kindly send your order together with the correct money to the Finance Office the day before the order is required so that you don't miss out.

CLOTHING SHOP

A consignment of bathing costumes as well as school slip slops, size 10—6, has now arrived at the Clothing Shop. The cost of the slip slops is R66.50 per pair.

News from the Library

Welcome to the world of books! I hope that 2012 will be a brilliant "reading" year for you and your daughter. Please may I remind you that each girl is required to join her local library, by the end of February? There is no cost involved. Our municipal libraries are outstanding community amenities.

This week the Grade 4 to 7 girls will be doing a Listening Skill, which will be included in their English marks during the first term.

The Grade 1 classes commence their lessons this week.

"A good book is the purest essence of a human soul." (Thomas Carlyle)

Recycling

This year Wynberg Girls' Junior wants to make a difference. You can help us!

Did you know that there are recycling depots only a few minutes from school?

Constantia Village Shopping Mall has a depot behind the building, Wynberg Waste Depot takes objects that can be recycled as well as Oasis on Lansdowne Road.

To find your closest depot, go to

<http://www.capetowngreenmap.co.za/interactive-green-map>

The school is focusing on reusing and recycling paper this term. If you have paper that can be recycled, please fill a plastic bag and bring it to school for your daughter to earn house points. The winning house will receive a civvies day!



A diamond is a chunk of coal that made good under pressure

Henry Kissinger

Have a good week!

Dee Cawcutt

Principal